



Our Lady of Perpetual Help-St. Catharine **BULLETIN**

Our Lady of Perpetual Help Parish Church

559 Pelham Manor Rd.
Pelham Manor, NY 10803

Office 914.738.1449
Fax 914.738.9454
olph10803@msn.com

Saint Catharine–Worship Site

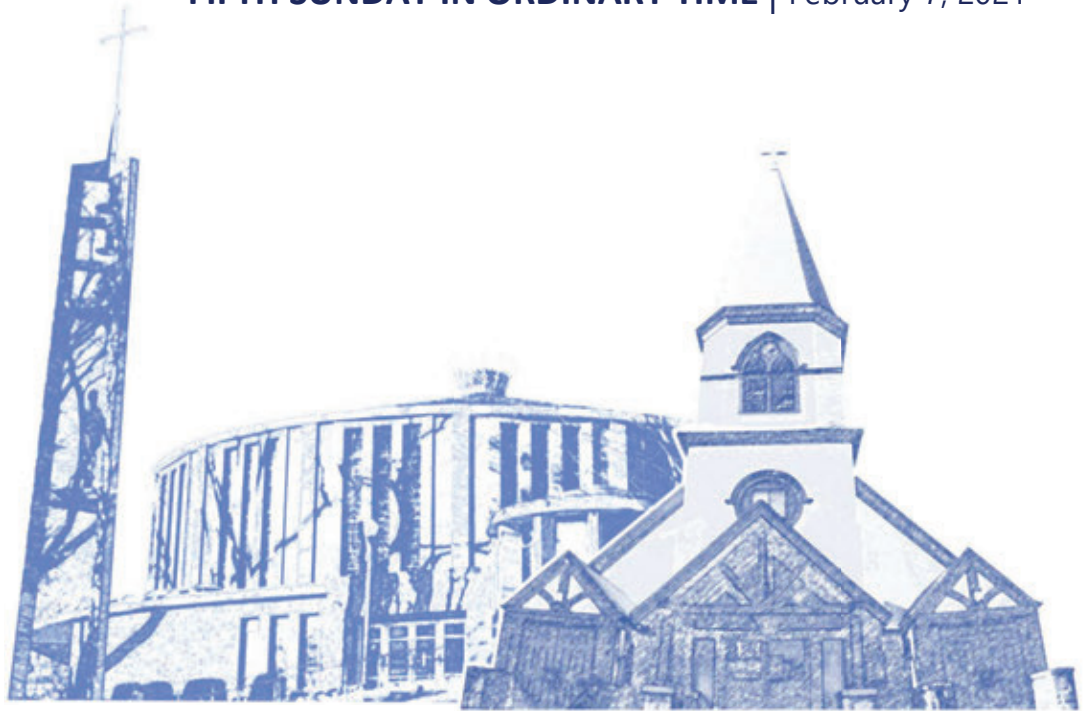
25 Second Ave.
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saintcatharine@gmail.com

Religious Education Program

Mrs. Joan Brisson,
Religious Ed Director
914-738-0670
olphccd0670@optonline.net

FIFTH SUNDAY IN ORDINARY TIME | February 7, 2021



Pastor

Rev. Robert J. DeJulio

Parochial Vicars

Rev. Oliver Offor.
Rev. Ernest Frimpong

In Residence

Rev. Ferdinand Madaki

Weekend Associate

Rev. Michael Greco, OFM, Cap

Deacons

Mr. Paul Brisson
Mr. John Catalano

Trustees

Mrs. Cindy Courtien
Mr. Patrick Smith

WEEKEND MASS

Saturday 4 PM (*St. Catharine*)
5 PM (*OLPH*)

Sunday 8 AM (*OLPH*)
10 AM (*OLPH*)
10 AM (*St. Catharine*)
12 PM (*OLPH*)

WEEKDAY MASS

Mon–Fri 8 AM (*OLPH*)
9 AM (*OLPH*)
9 AM (*St. Catharine*)

Saturday 8 AM (*OLPH*)
9 AM (*St. Catharine*)

CONFESSION

Saturday 3–3:45 PM (*St. Catharine*)
4–4:45 PM (*OLPH*)
And by appointment

BAPTISM

2nd & 4th Sunday 1:00 PM (*OLPH*)
Please call office to schedule

1st Saturday 12 PM (*St. Catharine*)
Please call office to schedule

MARRIAGE

*6 Month Planning Period Please
Call office to schedule*

From the Pastor

Dear Parishioners:

"Modern medicine has discovered that laughter strengthens your immune system improves mood and diminishes pain. Laughter is a powerful form of stress relief. It burns calories, eases anxiety, reduces stress and is a natural antidepressant. Laughter increases our enthusiasm for life. People who laugh regularly are more joyful and have healthier hearts." These are just some of the benefits cited by Matthew Kelly in his book 'I Heard God Laugh'.

For the past few years on Ash Wednesday, we have been distributing one of Kelly's books to parishioners in the hope that it would provide some level of spiritual reflection during Lent. His books are always short and to the point and the chapters short so they can be read in just a few minutes. We ask that you take one per family and pass it on to someone after you have read it.

Does God laugh? Did Jesus laugh? Is laughter good for my spiritual development, is it nourishment for the soul? These topics and others are covered in the book so I will not reveal them to you now and break the suspense.

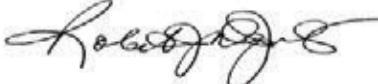
There is an old saying that God laughs when He hears our plans. It is meant to emphasize that while we may think we have the ultimate say it is God who allows us to think we are totally in charge.

The way we find out if God is laughing with us is through prayer. Allowing ourselves to be open to hearing His voice; not what we necessarily want to hear but hearing it objectively.

This past year we have had many obstacles to overcome and much separation and loss. It is difficult on a human level to find much to laugh about and a return to the old way of life seems so far in the distant future. Many of us are carrying great burdens and filled with anxiety and stress not knowing what the future holds.

That is why this book is so important. It gives us a way to reset and establish a sense of balance in our life and to use Lent in a very positive way. Let us pray for one another.

Sincerely,



Rev. Robert J. DeJulio,
Pastor

Mass Intentions

OUR LADY OF PERPETUAL HELP

MONDAY, FEBRUARY 8

8 AM - William Hargett, Sr.

9 AM - Kent Rotman

TUESDAY, FEBRUARY 9

8 AM - William Boyle

9 AM - Paul J. Pallet

WEDNESDAY, FEBRUARY 10

8 AM - Kelly Nyambi

9 AM - Pietro & Antonia Cristofano

THURSDAY, FEBRUARY 11

8 AM - Katharina Genius

9 AM - Paul Pallet

FRIDAY, FEBRUARY 12

8 AM - Mr. & Mrs. Manuel Marques

9 AM - John Illustrato

SATURDAY, FEBRUARY 13

8 AM - Violet Fabiani

ST. CATHARINE

MONDAY, FEBRUARY 8

9AM - Janet Keiser

TUESDAY, FEBRUARY 9

9 AM - Bernadette Kirsimagi

WEDNESDAY, FEBRUARY 10

9 AM - Robert J. Rios

THURSDAY, FEBRUARY 11

9 AM - Dan Levin (Living)

FRIDAY, FEBRUARY 12

9 AM - Nicola & Concetta Piacquadio

SATURDAY, FEBRUARY 13

9 AM - Mario Carneglia

Parish Announcements

2021 Cardinal's Appeal

Financially Vulnerable Parishes

Our parishes are places of deep encounter with our Eucharistic Lord and with one another. Did you know you can support financially vulnerable parishes with a gift to the Cardinal's Appeal? Learn more at <https://cardinalsappeal.org/assistance-for-needy-parishes>. For more information please visit Cardinalsappeal.org, or for one-time gift please click [here](#).

Prayer Group

The Prayer Group will meet on Tuesday, Feb. 16h @ 7:00PM. This year, the biweekly meeting will be held virtually-via phone. Simply call 1-720-740-9707 and enter the access code 2990487#. You will be asked to state your name, and then will be connected. All are welcome!

Milestone Anniversary

If you are celebrating your 25th or 50th wedding anniversary in 2021 please let us know. The 50th anniversary couples will be invited to the Cathedral and both the 25th and 50th couples will be honored in the Parish in the spring. Please call the church office @738-1449 to register.

HOPE Soup Kitchen

St. Catharine's next HOPE meal is on Wednesday, February 17th. Food should be brought to the Parish Center by noon on that day. Our menu is chili over rice, green salad, corn bread, and brownies for dessert.

OLPH next HOPE dinner is Friday, February 26th. and the meal is tacos, green salad, and cookies for dessert. Food should be brought to the Church lobby by 1PM on that day.

If you would like to help, but are unable to get to the store, DeCicco's in Pelham is helping us by preparing and delivering the food. Simply contact Brittany Arocho at brittanya@deciccos.com or 914-775-8880. Thank you for your support! Several people may go in on this.

Pastoral Evaluation

This year Father DeJulio will be completing a six-year term as Pastor of Our Lady of Perpetual Help-St. Catharine parish. In keeping with Archdiocesan policy an evaluation of the parish has begun. Parishioners and staff who wish to do so may write letters with their own comments about the parish and pastoral leadership. Please address letters to: Office of Priest Personnel, Archdiocese of New York, 1011 First Ave, New York, NY 10022. Letters must be received by February 28th to be considered.



Are you new to the parish?

WELCOME!

Our Lady of Perpetual Help-St. Catharine is a Catholic Parish located in the town of Pelham, New York.

We invite you to make our parish your spiritual home.

Visit our webpage: olph-stcatharine.org for more information or to register, or simply call the parish office 914-738-1449.

Hope Community Service Food Drive

Vegetable

Canned vegetables, tomato sauce, vegetable soup

Fruits

Canned fruits in juice or lite syrup, dried fruits, 100% fruit juice

Proteins

Beans (canned or dry) peanut butter, nuts, canned meat, canned tuna, canned stews

Grains

Rice (white, brown, flavored), pasta/noodles, dry/hot cereal, flour, baking mixes, whole wheat crackers, couscous

Dairy

Dry milk packets, shelf stable milk, soy/almond/rice milk

Other

Ensure, Boost, Carnation instant breakfast, spices, personal care items

- no glass containers or perishable food**
- no noncommercial canned or packaged items**
- no alcohol beverages or mixes**
- no open or used items**

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